2: Read E-5 (1935-1939) 1956
FR5 Ngoni FR5

what took place, informants were anxious to point this out. They also admitted that its successful carrying out depended on several factors which no longer operated. The former Ngoni households with a number of servants and nursemaids were only to be found in the families of the Paramount and subordinate chiefs. The rigid separation of the girl from her own family at marriage was no longer usual in the central kingdom where Ngoni marriages often took place in the same village, and where daughters of important men stayed in their fathers' villages at marriage instead of leaving.

In Ngoni households family sleeping and eating arrangements depended not upon the small individual family but on the extended family group and on the boys' dormitory (*laweni*). As a general rule small children slept with their mother in her hut, but when her husband was sleeping with her it was considered wrong to have any but very young children in the hut. Boys up to the age of seven, when they went to the *laweni*, and girls up to their marriage, usually slept in the hut of a mother or a widowed sister of their father.

Each wife, after she had been 'shown the hearth-stones', had a granary built for her by her husband or her husband's brothers where she stored grain. On the rafters in her hut, and in pots and jars on the enclosed verandah, and in pits dug under the eaves, she stored other foodstuffs, such as chillies, beans and sweet potatoes. From these supplies, supplemented by fresh 'relish' from the gardens or bush, she cooked daily meals which she served to her husband, and which her younger sons in the *laweni* fetched to eat there, while she ate with her young children. Her husband's meals and the older boys' meals were taken in company with the male members of his kinship group and other villagers at the men's meeting-place by the gate of the kraal. His wife sent his food by a child in a covered basket with the small pot of relish on top. The publicity of the men's eating habits made them critical among their fellows of their wives' cooking, and this was a strong incentive among Ngoni wives to maintain a high standard of cooking. In addition to sending food to her husband, an Ngoni wife was expected to send a basket of food now and then to her father-in-law, or to any of her brothers-in-law who had assisted her to mend a roof or build a granary.

Within a wife's hut, not only food but other possessions, both personal and household, were stored. Clothes for daily and ceremonial use; mats for sleeping on and for drying grain; pots for water, cooking, and beer-brewing; ornamental jars for storing beans; baskets for carrying grain; food baskets embroidered with beads—the Ngoni wife of good family expected to possess all these and to keep them carefully. Many of them she brought with her on her marriage or had given her later as presents by her own parents and family, in order that she might not appear poor or of low rank among her husband's people. For the same reason, she

2: Read E-5 (1935-1939) 1956
FR5 Ngoni FR5

561 with the main activities of the groups, though it did to some extent illustrate mutual relationships.

Age-Set terms

	Northern Ngoni	*Central Ngoni*
[184 All children	*abantwana*	*ana*
Young men even if married	*amajaha*	*anyamata*
104] Young girls before puberty	*inkahazana*	*mabuthu*
Young girls past puberty	*izintombi*	*anamwali*
All married women	*abafazi*	*ahazi*
Senior men	*amadoda*	*madoda*
Senior women	*amanina*	*manina*

●513 One of the most characteristic forms of Ngoni village organization
561 was the *laweni*, or boys' dormitory. It included the older boys in the
866 group called 'children' and the young men until they married, who were in fact called *amajaha* after they had left the *laweni* and married and had huts of their own. The age for entering the *laweni* was approximately seven years, and was as a rule determined by the age when a child began to get his second teeth. When a child was going about the village with several gaps in his front teeth, his companions jeered at him if he still slept in his grandmother's hut, and his father took the view that it was time he stopped playing like a child and took up seriously the job of herding goats and calves. There was often some hesitation, especially among boys who were not so well grown for their age, at taking the plunge and going to live in the *laweni*, since once made the step could not be retraced. It was primarily an individual decision. It meant leaving the protective affectionate care of the grandmother in the evenings, and the care-free play all day round the mother's hut with meals provided by her, for a different sort of existence altogether. *Laweni* life was rigorous and was dominated by the senior boys living in the hut. The younger ones were at their mercy, and were made to 'fag' for their elders, clean up the hut, sometimes steal food from their mothers' stores, and were
[626 beaten if they were slow or careless, or if they threatened to tell the elders in the village what went on in the *laweni*. The main weapon to get boys into the *laweni* was the ridicule of their fellows. Once members of the *laweni* group they were disciplined into obedience by threats and beating. The age range within a *laweni* was often considerable, from seven to seventeen years.

233 All the boys in a *laweni* who were members of houses possessing
857 cattle—and this as a rule included all sons of Ngoni families of trans-
561 Zambesi clans—had to take part in herding. Cattle-herding was a responsible task and could be an arduous one. The boys got up before dawn, opened the gate of the kraal, and took the cattle to water. They milked the cattle on an open space near the village and carried the milk in wooden jars, gourds or petrol tins to the owner of the cattle, keeping

3: Read E-5 (1935-1939) 1960
FR5 Ngoni FR5

sieves for straining beer or water poured through ashes to make salt. These lay around all day if they were being used, and were periodically scrubbed and put on the rack to dry, and at night stacked tidily in the veranda. In the day-time sleeping-mats of finely woven fibre were brought out into the sun, and so were skins and cloths used as coverings at night. Some of the Ngoni used curved wooden headrests as pillows often carved at the ends with animals' heads to fascinate a small child.

On the polished space in front of the hut were laid from time to time mats on which sprouting millet for making beer was dried, or partly pounded damp maize. A young child was sometimes told to keep the fowls and dogs off these mats. These animals and often small kids, wandered and pecked and scratched and quarrelled inside the fence all day, and young children chased them.

Beyond the fence lay other fenced compounds grouped round the cattle kraal, and beyond the village buildings lay patches of woodland, grass pastures, cultivated 'gardens', and water-holes and streams. Going with the mother or grandmother or a nurse girl or helper to fetch water, or work in the gardens was an expedition for young children which they delighted in.

In these village surroundings there were some places forbidden to young children, who were corrected by everyone with smacks and stern reproofs until they learned to keep away. One such forbidden place was the kraal gateway where the men sat and talked and ate. No woman until she had passed the menopause was allowed to cross over in front of the gateway lest she injure the cattle. If therefore children strayed down there, younger women did not like to go and fetch them back, as the men always grumbled if women went there lest they should harm the cattle. It was nevertheless a place that had a great attraction for boys of five to seven years old, because they found their fathers there and the herd boys. The boys in this age-group of five to seven showed

after the age of four or five, when they might become aware that intercourse was taking place. From this age, when the Ngoni said 'they will now begin to see things and to ask questions', they went to sleep either with a widowed grandmother or senior helper.

During the 'dark half of the month' and in the rains, most people went to bed soon after dark and little children got a long sleep. When the moon was bright, and in dry weather, the whole village was astir, walking around, dancing, talking, visiting. Little children tagged round with their older sisters or nurse girls, and if they were sleepy were either picked up and carried, or put in the hut to sleep on their mat, provided there was no fire burning into which they could fall. During the day, especially in the hot weather, children dropped off to sleep just where they were, on the veranda, under the platform, or in some other shady spot.

It was just before bedtime, in the grandmother's hut, that traditional folk-tales were told, round the last flickers of a wood fire. Sometimes a child dropped off to sleep before the story was finished. Someone either took him on her lap, or dumped him on his mat and covered him up.

This acquiring of habits, directed consciously by adults, was designed to give the child increasingly a sense of being part of a community which had certain standards of behaviour. There were, in this training, some prohibitions which a child was expected to observe as soon as he could walk and talk. The most stringent was on any form of sex play between boys and girls. To avoid any likelihood of this, little boys and girls were early encouraged to form separate play groups. The elders kept an eye particularly on the boys, and if they showed any inquisitiveness in their play about the private parts of a girl playmate, they were beaten and reproved and told: 'If you do this again, I shall tell your father.'

Many little boys and girls up to the age of four or five ran about naked, but in leading Ngoni families they wore a scrap

VILLAGE LIFE FOR OLDER BROTHERS AND SISTERS

There was no doubt that this abrupt transition, like the sudden weaning, was a shock for many boys between six-and-a-half and seven-and-a-half. From having been impudent, well-fed, self-confident and spoiled youngsters among the women many of them quickly became skinny, scruffy, subdued and with a hunted expression. The subdued and hunted looks passed off as they adjusted themselves to their new environment and there were boys, generally those exceptionally well grown and physically strong, who showed no apparent signs of shock. They all, however, showed the effects of irregular and inadequate feeding. The younger boys were chronically hungry and their hair and skin and bony knees and ribs were eloquent of calory, protein and vitamin shortages.

The other main purpose of dormitory life in Ngoni culture was to mix up all the boys in the village and let the common life together teach them how to get on with their age-mates and knuckle under to their superiors in age. Age and strength were the only criteria for authority. Older brothers might try to protect and intercede for younger brothers but it was not encouraged. All the young ones had to take their chance equally, without regard for their family name or their father's position.

The dormitory was primarily a sleeping-place, but through the group of boys who slept there the herding of cattle was organized and the off-duty amusements and occupations of the older boys were planned. The young ones had to 'fag' for the rest, fetching wood and water, keeping fires going, sweeping the hut, taking messages, huddling in a corner at night when the oldest boys brought girls in, and submitting to beatings both as a warning and as a punishment. They were usually beaten once or twice soon after their arrival and then threatened with much worse if they ever divulged what went on in the dormitory. It was not however a torture house, far from it, and the boys boasted of belonging to 'our dormitory' and were proud of having their own hidden life

/8 cont'd/

352 Beds are owned in general by the younger generation only, and then at the rate of one per household. Otherwise, everyone sleeps on the floor on a reed mat. During the day, the mat is rolled
285 up except when needed for drying flour in the sun. These mats are made from reeds that grow near streams. The reeds are split in four, and are threaded with a thin rope made from the inner bark of the nzizi tree. Wooden headrests are now a rarity, and if any
513 headrests at all is used, it is a European pillow. Blankets, quilts
[77] and, less frequently, sheets, are bought from stores.

/9/ V

412 The chief tool for use in the garden is the hoe. Ruins of fur-
[325] naces for smelting iron ore are still to be seen, but are not now used,
[567] and are said to have been worked in the old days only by Chewa slaves. Hoe blades are bought in the stores, and hafted with a handle made in the village. Handle making is a man's job, but one that every man knows how to do. Axes are made from blades bought in the store, or else from a worn down hoe blade, with a home-made handle. Adzes are used for mortar making, and young boys make miniature adzes as toys. A pointed blade hafted on to the end of a straight handle is used for making holes in the ground when building.

493 Sledges and, less commonly, unarticulated carts with solid
[241] wheels are made for transporting the harvest from the fields to the village, and for collecting firewood. These are pulled by cattle,
[490] not always oxen, using simple yokes made of wood and sinew, with a wooden drawbar.

224 Hunting is carried on in the dry season, particularly towards
411 the end, when the grass burns easily. Guns of varying degrees of antiquity are used, but none of these are made by Ngoni, although the Chewa still make guns. On a hunt, the rank and file are armed with throwing spears and knobkerries. The gun carriers walk about
224 two hundred yards in front of the main body, who are spread on a single line at right angles to the line of advance. The leader of